Jan + Feb 2010

Wolves Gym Club Newsletter

Welcome back to you all. The start of a new term and a new year is always a good time to set yourself goals to achieve in the coming months. So why not set yourself some goals to achieve at gym. It could be anything from learning a new gym move, perfecting a move that's a little tricky or going after the next certificate /grade / level. Set those goals and you will be more likely to achieve them.

We are very pleased to report that nearly all of our recreation classes are full. Please continue to recommend us to your friends and colleagues with energetic kids. Places in classes frequently become available and we do operate a waiting list if necessary. See us on the front desk if you have any queries.

Remember we like to hear from you so if you have anything to tell us please email : wgcnewsletter@hotmail.co.uk or come and see us on the desk.

Jan / Feb News

Recreation General classes and Preschool Classes for the remainder of the term.

January: 8th, 9th, 15th, 16th, 22nd, 23rd, 29th, 30th.

February: 5th, 6th, 12th, 13th, 19th, 20th, 26th, 27th.

March: 5th, 6th, 19th, 20th, 26th, 27th.

April: 9th, 10th.

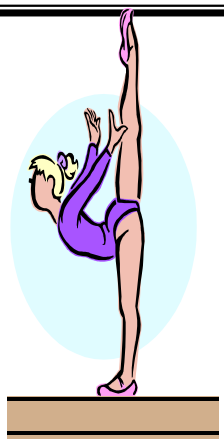
Its nearly FEBRUARY and that can only mean one thing…… no not all the lovely flowers and chocs for Valentines…. It's the Club Presentation Evening.

20th February 7.15 till late, Bloxwich Memorial Club, Harrison Street, Bloxwich. WS3 3HP

Recreational gymnasts who have an award to receive will be notified. Don't be disappointed if you do not get an invitation it is likely to be because you are new to the Club and awards are based on last years efforts and achievements.

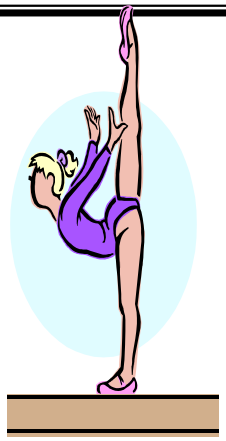
Latest Budgie News

'Baggie bird' has got himself a friend. A great big dog called George. George has moved in with Mr. Jones and will no doubt be trained to perform various gymnastic moves before long. So the usual " even my budgie has straighter legs than you" will be followed by "and even George can jump higher than that without falling off the beam" . Perhaps he will teach them a double act!



Who's Who at the Club

Bob Jones	Level 5 High Performance Coach, Secretary, Director of Coaching.
Dave Parker	Level 3 Club Coach, Club Chairperson, H&S Officer, First Aider.
Pete James	Level 3 Club Coach, Senior Welfare Officer, Treasurer, First Aider.
Mark Thomas	Level 3 Club Coach, Executive Committee, Floor and Vault Coach.
Gemma Williams	Level 3 Coach, National Judge, Pre School Coach.
Gemma Parker	Level 3 Coach, Regional Judge, Pre School Coach.
Laura Thomas	Level 3 Club Coach, Regional Judge.
Melyssa James	Level 1 Assistant Club Coach, Regional Judge.
Linzy James	Welfare Officer.
Mandi Growcott	Welfare Officer
Lorraine Wolverson	Social and Fund Raising Committee Secretary.
Tracey Westbury/Serena Chauhan	Newsletter Editor



Squad News

Get your pens ready here are all the competition dates for Squad.

13th + 14th March:
Compulsory levels 4, 3, 2.
National levels 8, 7, 6, 5.
Regional levels 11, 10, 9.
17th + 18th April:
Grades 14, 13, 12.
2nd, 3rd October:
Levels 4, 3, 2.
23rd October:
Level 5
1st May:
Recreational Novice
12th September:
Regional Team (Individual)
14th September:
Regional Team
Further information closer to the date i.e. times, venue etc.

Club Presentation Evening:

All Floor/Vault and Squad members should attend this event in celebration of the achievements you made last year. It is the favourite event in the Cub calendar. PTO for date, time and venue. Very important - anyone with Club trophies from last year please make sure they are returned to us by the end of January. Ensure you have had then engraved prior to returning them. Tickets will be on sale soon from Pete / front desk.

County Training Dates

14th February (oh great Valentines day)
21st March (1st time in years not on Mothers day!!)
9th May
13th June (1st time in years not on Fathers day!)
11th July County Competition
29th August (Bank Holiday weekend!)
19th September
31st October (Haloween!)

Important Message

Please ensure that all gymnasts are dropped off for training sessions no earlier than 15 mins before the session starts.

"Recreation" News

Come on I know it's only the start of the term but get working hard on those yellow and blue books. Lets see how many of you can get the next Club Class award by the end of term. I want lots of smiley faces on the next newsletter. Here are a few from the end of last term.

Charlotte Wilkins

Cody Naylor

Morgan Lavender

Seanna McCann